

RE: Freedom of Information Request 201718 / 094 – Weight Management

Your Query	Date of Request	June 2017
<p>1. Do you currently have provision for commissioned (incl. co-commissioned) or directly delivered tier 2 weight management services in place:</p> <ul style="list-style-type: none"> For adults For children <p>2. Do you currently have provision for tier 3 weight management services?</p> <p>3. What were numbers of participants by sex for your tier <u>2</u> adult weight management services in 2016/17? (or most recent figures available)?</p> <p>4. What were numbers of participants by sex for your tier <u>3</u> adult weight management services in 2016/17? (or most recent figures available)?</p> <p>5. What were numbers of participants by sex for your tier 2 children weight management services in 2016/17? (or most recent figures available)?</p> <p>6. What were numbers of participants by sex for your tier 2 family weight management services in 2016/17? (or most recent figures available)?</p> <p>7. Do your commissioned or directly delivered tier 2 weight management services for adults include:</p> <ul style="list-style-type: none"> Mixed-sex services (men & women) Men-only services Women-only services <p>8. What special activities, interventions or service design elements (if any) do you have to encourage men to take up adult weight-loss programmes?</p> <p>9. What special activities, interventions or service design elements (if any) do you have to encourage dads to participate in family weight-loss programmes?</p>		
<p>Response</p> <p>1. Yes, for both children and adults.</p> <p>2. Yes, Dietician led weight management one-to-one (people BMI over 30) and also Counterweight</p>		



Plus liquid based diets for people with BMI over 40.

3. Men – 8

Women – 24

4. Men – 29

Women – 57

5. The small size of the Orkney population and the small sample size result in the numbers involved being less than five meaning that the data is potentially patient-identifiable. It is therefore exempt under Section 38(1)(b) of the Freedom of Information (Scotland) Act 2002

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7. Our service is mixed-sex.

8. Nothing specifically targeting men. However, we do undertake men's health work where we signpost to mixed-sex interventions.

9. Current approach is to look at a health and well being approach called "Well Now" that was developed by NHS Highland and does not focus on weight specifically.



Our community, we care, you matter....

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Orkney NHS Board is the common name of Orkney Health Board