

## NHS Orkney Podiatry Access Criteria and Eligibility for Treatment

Category 1	Category 2	Category 3
Foot (Podiatric) need	Medical need	Non-eligible conditions (Not entitled to NHS Podiatry).
<p>Active Foot Disease, or in remission of :- Ulceration/ non healing foot wounds/deep tissue injury/ Charcot's arthropathy.</p> <p>Foot infection which has required antibiotic treatment (excluding fungal nails)</p> <p>In-growing toenail with inflammation/infection and need for consideration of surgery.</p> <p>Infected/ painful corns/ callus/nail who have a Medical need highlighted in category 2.</p> <p>Musculoskeletal (MSK) disorders and abnormalities of the foot and ankle which include a diverse range of complaints and diseases involving foot structures such as joints, bones, fascia, tendons and ligaments.</p> <p>Verrucae which is painful and non- responsive to home remedy for consideration of dry needling</p> <p>.</p>	<p>Advanced Peripheral Arterial Disease/ chronic limb ischemia (very poor circulation in the lower limb)</p> <p>Diabetes with foot screening stratification of 'High Risk' or 'High risk 'in remission of active foot disease such as wounds/ ulceration'.</p> <p>Diabetes with a foot screening of 'Moderate foot Risk Stratification' and associated foot pathology. –for further assessment and agreed care plan.</p> <p>Rheumatoid or related inflammatory arthropathies.</p> <p>Neurological Disorders e.g., Multiple Sclerosis, causing reduced or altered sensation to the feet.</p> <p>Cancer –undergoing chemotherapy</p> <p>Immunosuppressed or immunocompromised</p> <p>Advanced Chronic kidney disease Stage 4 or Dialysis</p> <p>Non-traumatic foot/leg amputation</p>	<p>General/ routine nail care Difficulty in reaching feet to cut nails or other personal foot care.</p> <p>Fungal/ gryphotic /mishappened/thick nail conditions</p> <p>Callus, corns, dry skin</p> <p>Verrucae (except if painful and non- responsive to home remedy which might benefit from dry needling)</p> <p>Asymptomatic foot conditions</p> <p>Diabetes with foot screening result of ' low foot risk stratification'-(Please attend biannual screening in Primary care settings)</p> <p>Diabetes with foot screening result of 'Moderate foot risk stratification' who have an agreed holistic Podiatry foot care plan in place, and have no podiatric problems (Please attend annual foot screening in Primary Care)</p>

**Active Foot Disease:** may be either of recent onset or chronic, but deteriorating. The term refers to anyone with diabetes, peripheral arterial disease, rheumatology, renal, neurology, immunosuppressed or immunocompromised who has:

- **An ULCER, blister or break in the skin of the foot below the ankle**
- **Inflammation or swelling of any part of the foot or any sign of infection**
- **Unexplained pain in the foot**
- **Fracture or dislocation in the foot with no preceding history of trauma**
- **Gangrene of all or part of the foot.**
- **Painful peripheral neuropathy**
- **Acute Charcot's foot**

**High/ in remission foot risk stratification:** previous ulceration, amputation, history of Charcot's foot.

**High foot risk stratification:** more than one of the following risk factors – loss of sensation, signs of peripheral vascular disease with callus or deformity.

**Moderate foot risk stratification:** one of the following risk factors – loss of sensation, signs of peripheral vascular disease without callus or deformity.

The Podiatry service is for people of all ages –children and adults. All appointments allocated depend on medical and podiatry need.

If patients meet any of the criteria in **Category 1 or 2**, they will be offered a primary assessment appointment, which may be by telephone, or face-to-face, subject to vetting and triage. After which they will receive either:

- Advice (and discharge from Podiatry to continue self-care)
- A face-to-face / intensive block of treatment and agreed care plan to meet their immediate, acute foot health needs, followed by discharge.
- Continued face-to-face appointing.
- Further follow up treatment, where patients are to be transferred to one of our Foot care Partners.

If a patient's condition is within **Category 3**, **NHS Podiatry treatment will not be provided.** Instead, they will be invited to attend a Personal Foot care Presentation or to contact one of our Foot care Partners for treatment.

Domiciliary visits will only be allocated to truly housebound persons, if a face-to-face intervention /treatment is indicated.

Waiting times for appointments may vary depending on medical and podiatry need and treatment required.